

STARTERS

Goma Wakame..... 79,-
wheat, sesame

Edamame or Spicy Edamame..... 89,-
<soya beans> soya, sesame

Miso soup..... 89,-
fish, soya

Salmon Tartar..... 149,-
<salmon, shrimp chips, mayo> fish, shellfish, wheat, soya, egg

Springrolls..... 99,-
<4 units, vegetables, sweet and sour sauce> soya, wheat

Yakitori..... 139,-
<2 units, kylling skewers, onion> soya

Gyozas..... 119,-
<4 units, chicken and vegetables> wheat, soya

Kujira..... 139,-
<deep frie whale> soya

Fried Shrimps..... 129,-
<4 units> wheat, shellfish, egg



HAV COMBINATIONS

Sushi and sashimi 18 pieces..... 435,-

<Sashimi, nigiri and maki, chefs combination
this menu is not the same everytime >

Sushi and sashimi 30 pieces..... 695,-

<Sashimi, nigiri, maki and fried maki
chefs combination plus starters
this menu is not the same everytime >

Sushi mix 16 pieces 415,-

<nigiri, maki, chefs combination
this menu is not the same everytime >

Sushi veggie 16 pieces285,-

<nigiri, maki, chefs combination
this menu is not the same everytime >

Party menu ... 475,- per person

<nigiri, maki, fried maki, starters >
Obs: servered for minimum 3 people



Please let us know about any allergies

URAMAKI

Salmon Mango..... 175,-

8 pieces <salmon, mango, cream cheese> fish, milk, sesame

Salmon Avocado..... 175,-

8 pieces <salmon, avocado> fish, sesame

King Crab..... 265,-

8 pieces <king crab, avocado, mayo> fish, shellfish, egg, sesame

Tempura..... 185,-

8 pieces <tempura shrimp, avocado, mayo> shellfish, wheat, egg, sesame

Spicy Tuna..... 185,-

8 pieces <tuna, avocado, cucumber, lettuce> fish, soya, sesame

Vegetarian..... 150,-

8 pieces <valgfri> sesam



FRIED MAKI

Hot Philladelfia..... 190,-

8 pieces <salmon, cream cheese, teryaki sauce, spring onion, sesame> fish, milk, wheat, soya, sesame

Hot Jordbær..... 210,-

8 pieces <salmon, strawbery, cream cheese, teryaki sauce> fish, milk, wheat, soya

Stor Hav..... 190,-

6 pieces <salmon, shrimps, mango, cream cheese, spicy mayo, teryaki sauce>
fish, shellfish, milk, wheat, soya, egg, sesame

Nigiri (choose between salmon, flamed salmon, halibut, tuna, yellow tale, whale, avocado, mango)

Nigiri 2 pieces.....80kr

Nigiri 5 pieces..... 170,-

Nigiri 10 pieces..... 325,-

Chefs combination



Gunkans(choose between salmon,spicy salmon,halibut,tuna, salmon roe, flamed salmon)

Gunkans 2 biter.....90,-

Gunkan salmon with king crab (2 pieces)..... 105,-

hvete, sesam, egg, soya, fisk

Gunkans 5 biter..... 199,-

Gunkans 10 biter..... 389,-

Chefs combination



Sashimi (velg mellom laks, kveite, whale, tunfisk, hamachi, kamskjell)

5 biter.....99,-

10 biter..... 190,-

Mix 12 biter..... 250,-

Mix 21 biter..... 345,-

Ussuzukuri 16 biter <tynne skiver sashimi>..... 285,-



Tataki (flambert sashimi +5kr)

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SPESIAL MAKI

Hav Maki (8 pieces)..... 270,-

<tempura shrimp, kingekrab paste, avocado, flamed salmon, shiracha honing>
fish, shellfish, egg, wheat, soya

Almond Maki (8 pieces)..... 225,-

<cream cheese, almond, samon, strawberry> fish, milk, wheat, nuts, soya

Tempura Delux (8 pieces)..... 225,-

<tempura shrimp, cucumber, avocado, spicy mayo, teryaki sauce>
Shellfish, wheath, egg, soya, sesame

Avocado Dragon (8 pieces)..... 225,-

<salmon, spicy mayo, tempura crumble, avocado> fisk, wheat, sesame

Midori (8 pieces)..... 295,-

<kingekrab tempura, spicy mayo, avocado> shellfish, egg, wheat, sesame

Rainbow Maki (8 pieces)..... 275,-

<assorted fishes, assorted sauces> fish, wheat, soya, egg, shellfish

Dragon Kingekrab (8 pieces)..... 285,-

<kingekrab, avocado, letuce, mango, salmon, thai sauce, jalapeno mayo>
fisk, skaldyr, egg, soya, sesam

Dragon Spicy Kingekrab (8 pieces)..... 280,-

<kingekrab, letuce, cucumber, spicy mayo, spicy sauce>
skaldyr, sesame, soya, egg

Dragon Flamed (8 pieces)..... 225,-

<salmon, mango, cream cheese, teryaki sauce> fish, milk, soya, wheat, sesame

Kystens Maki (8 pieces)..... 225,-

<hallibut, cucumber, avocado, rucola, jalapeno mayo> fish, egg

Wave Tuna (8 biter)..... 225,-

<tuna, cucumber, avocado, rucola, sesam sauce> fish, sesame, soya

POKEBOWL

Pokebowl Laks..... 219,-

<rice, spicy laks, takuan, mango, avocado, chilimayo, sesame>
fish, soya, egg, sesame

Pokebowl Jalapeno Flamed..... 219,-

<rice, salmon flamed, edamame, avocado, wasabi peas, jalapeno mayo>
fish, soya, egg, wheat, sesame

Pokebowl Tuna..... 219,-

<rice, tuna, thai sauce, coriander, avocado, mango, cucumber>
fish, soya, sesame

Pokebowl Tempura..... 219,-

<rice, tempura shrimp, avocado, chili mayo, rucola, sesame>
shellfish, hvete, soya, egg

Pokebowl Vegan..... 219,-

<rice, edamame, cherrytomat, mango, avocado, cucumber, sesame>
soya, sesame



RAMEN

Butaniku (spicy +10kr)..... 289,-

<pork broth, noodles, pork, bambu, egg, onion, sundried tomato, spring onions, sesam>
soya, wheat, sesame

Niwatori (spicy +10kr)..... 289,-

<chicken broth, noodles, chicken, egg, bambu, sweet corn, spring onion, sesame>
soya, wheat, sesame

Gyoza Chicken Ramen (spicy +10kr)..... 289,-

<chicken broth, noodles, 4 gyozas, onion, egg, spring onion, ponzu sauce>
wheat, soya, sesame

Sakana (spicy +10kr)..... 289,-

<fish broth, noodles, salmon, halibut, scallops, egg, bambu, coriander, sesame>
soya, hvete, sesam, fisk

Arctic Ramen (spicy +10kr)..... 495,-

<vegetarian broth with coconut milk, noodles, kingekrab, shrimp, onion, aspargus, coriander>
shellfish, wheat, sesame

Tempura Ramen (spicy +10kr)..... 289,-

<vegetarian broth with coconut milk, noodles, 4 tempura shrimp, sundried tomato, egg, spring
onion, sesame>
shellfish, wheat, sesame

Vegan Ramen..... 269,-

<vegetarian broth with coconut milk, noodler, 2 vegetarian spring rolls, mix vegetables, coriander>
soya, hvete, sesam

Ekstra: Egg..... 20,- pork(2stk)..... 60,- chicken..... 60, Fish (2stk)..... 60,- tempura shrimps (2stk).....60,-

